



THE UNIVERSITY OF  
NEW MEXICO

# CAMPUS RESOURCES FOR STUDENTS



## Mental Health

Several areas on campus provide support for mental health. The Student Health Center provides free and low cost counseling sessions. The AGORA provides support during times of crisis. TAO provides online resources.

<http://mentalhealth.unm.edu>



## Stressed About Money?

The Center for Financial Capability (CFC) offers free 1:1 consultations on budgeting, managing money, and understanding credit. They also can assist you with completing and filing your taxes.

<http://cfc.unm.edu>



## Short Term Loans & Emergency Scholarships

The Dean of Students Office offers short term loans of up to \$800 for students who qualify. Several departments around campus provide emergency scholarships for students in need. Contact LoboRESPECT to get connected.

<http://dos.unm.edu>  
<http://loborespect.unm.edu>



## Lobo Food Pantry

Students with food insecurity may pick up a basket of food twice a month on campus. Drive through and walk up options are available. The LoboRESPECT Advocacy Center can also connect students to off campus food resources.

<http://loborespect.unm.edu>



## Supplemental Nutrition Assistance Program

The Women's Resource Center and the Center for Financial Capability can assist in completing your application for resources to purchase food.

<http://women.unm.edu>  
<http://cfc.unm.edu>



## Advocacy & Assistance

The LoboRESPECT Advocacy Center is a first stop providing support for students. Services include faculty reach out, lottery scholarship appeals, tuition refund appeals, class absence memos, confidential sexual survivor survivor support, and more.

<http://loborespect.unm.edu>



## Academic Success

The Center for Academic Program Success (CAPS) provides undergraduate students peer tutoring and academic support services for over 800 classes. Tutoring, workshops, language groups, and more. Also, don't forget how important it is to visit your instructor's office hours.

<http://caps.unm.edu>



## Accessibility & Accommodations

The Accessibility Resource Center supports students with disabilities and those who may need accommodations to succeed on campus. Services include sign interpreting, extended test time, note taking, and more.

<http://arc.unm.edu>



## Career Prep & Campus Jobs

Career Services assists students preparing for employment through career advisement, job/internship listings, career fairs, resume building, and more. Student Employment connects you to campus jobs.

<http://career.unm.edu>  
<http://stuemp.unm.edu>



## Community & Involvement

The Student Activities Center can get you connected with student organizations, student government, community service, leadership development, campus events, movies, and more. Advisors will do 1:1 sessions to help you find your fit.

<http://sac.unm.edu>

## Other Great Campus Resources

[African American Student Services](http://afro.unm.edu)

<http://afro.unm.edu>

[American Indian Student Services](http://aiss.unm.edu)

<http://aiss.unm.edu>

[El Centro de la Raza](http://elcentro.unm.edu)

<http://elcentro.unm.edu>

[Global Education Office](http://geo.unm.edu)

<http://geo.unm.edu>

[LGBTQ Resource Center](http://lgbtqrc.unm.edu)

<http://lgbtqrc.unm.edu>

[Recreational Services](http://recservices.unm.edu)

<http://recservices.unm.edu>

[Veterans Resource Center](http://vrc.unm.edu)

<http://vrc.unm.edu>

[Women's Resource Center](http://women.unm.edu)

<http://women.unm.edu>