The following information is the result of the Spring 2020 survey of Basic Needs Insecurity among undergraduate, graduate, and professional students at UNM. We received a total of 2,695 responses.

**Food Insecurity Includes:**
- Lack of transportation to grocery store
- No safe, clean place to prepare food
- Not enough money for nutritious food
- Uncertainty about whether there will be enough food

**Housing Insecurity Includes:**
- Not enough money for rent or utilities
- Unreliable access to safe, clean housing
- Need to move frequently

**Prevalence of Food Insecurity at UNM**
- UNM Students Overall: 32%
  - American Indian: 52%
  - Gay/Lesbian: 46%
  - Hispanic: 35%

**Prevalence of Housing Insecurity at UNM**
- UNM Students Overall: 42%
  - American Indian: 51%
  - Gay/Lesbian: 49%
  - Hispanic: 45%
Prevalence of Food Insecurity Nationally
- 11% of US Households

Prevalence of Housing Insecurity Nationally
- 10-15% of US Households

In New Mexico, 16.8% of households were food insecure in 2018.

New Mexico has the highest prevalence of food insecurity among all 50 states.

In New Mexico, 16% of households are housing insecure.

Available Resources

- Lobo Food Pantry is an on-campus resource located at the University Advisement & Enrichment Center loading dock. After providing a photo ID and UNM Banner ID Number, students are provided a pre-packed bag of groceries. All current students can access this resource as frequently as needed.

- The Women’s Resource Center provides SNAP application assistance. Go to https://women.unm.edu/index.html for more information.

- The Dean of Students has some ability to provide emergency loans as well as short-term emergency housing for students. Go to https://dos.unm.edu/index.html for more information.

- The Financial Aid Department provides emergency loans for students with a documented emergency. Go to https://financialaid.unm.edu/apply/situations.html for more information.

Basic needs insecurity has been found to be a risk factor for poor academic performance. Food insecurity has been linked to the development of numerous chronic illnesses. Housing insecurity has also been demonstrated to have long-term effects on mental and physical well-being. Students who experience either of these may face long-term detrimental outcomes. The Basic Needs Research Team is committed to raising awareness of these issues and to improving basic needs security for UNM students. For further details and related literatures see our report: Basic Needs Insecurity at UNM, 2020 Research Report.

Basic Needs Research Team:
- PI, Sarita Cargas, DPhil; Data Team: Co-PI Marygold Walsh Dilley, PhD; Solutions Team: Co-PI Ann Murphy, PhD

Contact us: basicneeds@unm.edu

Acknowledgments:
We wish to thank the Office of Institutional Analytics, and the Provost and Chancellor’s office for financial support. This research was partially supported by UNM Comprehensive Cancer Center Support Grant NCI P30CA118100 and the Behavioral Measurement and Population Sciences shared resource.