

# University of New Mexico

## BASIC NEEDS INSECURITY

The following information is the result of the Spring 2020 survey of Basic Needs Insecurity among undergraduate, graduate, and professional students at UNM. We received a total of 2,695 responses.

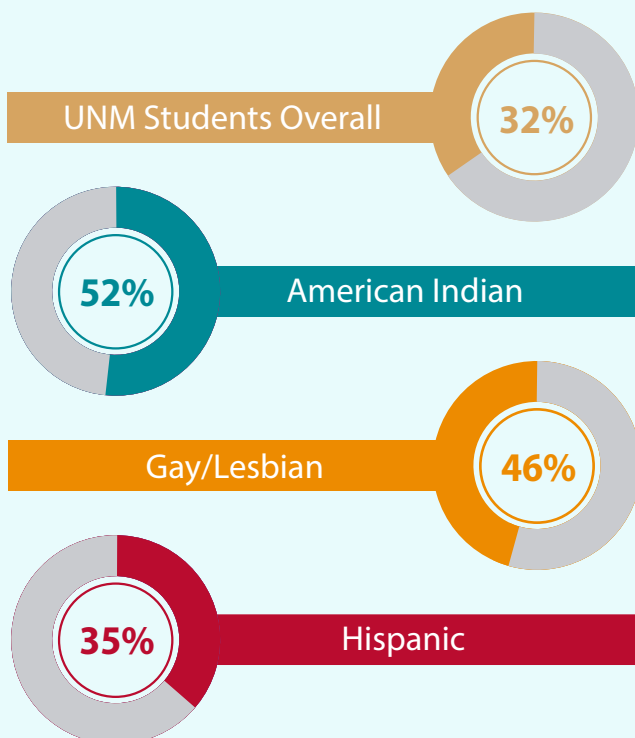
### Food Insecurity Includes:



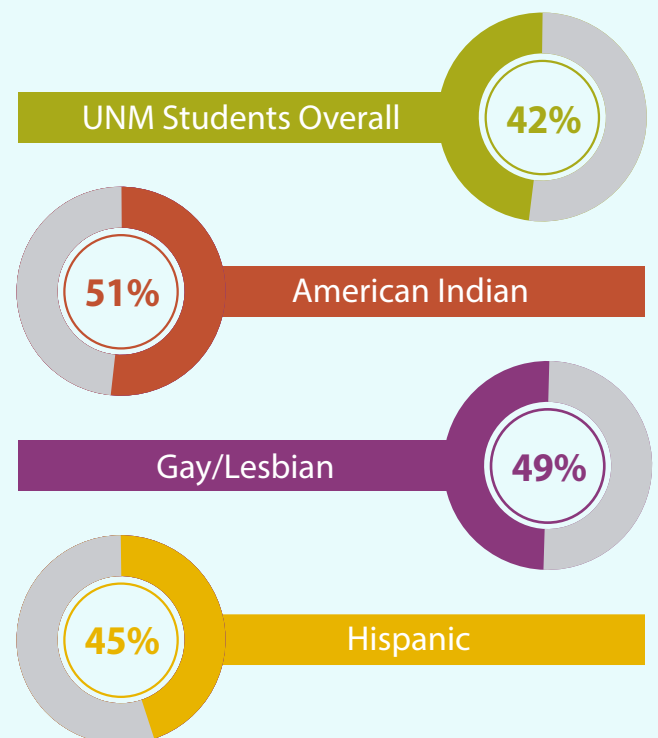
### Housing Insecurity Includes:



### Prevalence of Food Insecurity at UNM



### Prevalence of Housing Insecurity at UNM



## Prevalence of Food Insecurity Nationally



In New Mexico, 16.8% of households were food insecure in 2018.

New Mexico has the highest prevalence of food insecurity among all 50 states.

## Prevalence of Housing Insecurity Nationally



In New Mexico, 16% of households are housing insecure.

## Available Resources



Lobo Food Pantry is an on-campus resource located at the University Advisement & Enrichment Center loading dock. After providing a photo ID and UNM Banner ID Number, students are provided a pre-packed bag of groceries. All current students can access this resource as frequently as needed.

The Women's Resource Center provides SNAP application assistance. Go to <https://women.unm.edu/index.html> for more information.

The Dean of Students has some ability to provide emergency loans as well as short-term emergency housing for students. Go to <https://dos.unm.edu/index.html> for more information.

The Financial Aid Department provides emergency loans for students with a documented emergency. Go to <https://financialaid.unm.edu/apply/situations.html> for more information.

Basic needs insecurity has been found to be a risk factor for poor academic performance. Food insecurity has been linked to the development of numerous chronic illnesses. Housing insecurity has also been demonstrated to have long-term effects on mental and physical well-being. Students who experience either of these may face long-term detrimental outcomes. The Basic Needs Research Team is committed to raising awareness of these issues and to improving basic needs security for UNM students. For further details and related literatures see our report: Basic Needs Insecurity at UNM, 2020 Research Report.

### Basic Needs Research Team:

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### Acknowledgments:

We wish to thank the Office of Institutional Analytics, and the Provost and Chancellor's office for financial support. This research was partially supported by UNM Comprehensive Cancer Center Support Grant NCI P30CA118100 and the Behavioral Measurement and Population Sciences shared resource.